



MULTIHULL YACHT CLUB QUEENSLAND

2023 Sailing Instructions for MYCQ Races



1. MYCQ ADDRESS

Street Address: Trafalgar Street, Manly (Sharing the Darling Point Sailing Squadron club).

Postal Address: PO Box 178, Wynnum, QLD, 4178

Email: Refer to the MYCQ website

2. RACE COMMITTEE

Vice Commodore MYCQ - Chairperson

Schedule and Ratings Coordinator

Safety Officer

3. SAILING COMMITTEE

Alasdair Noble

Richard Jenkins

Adrian Relf

4. RATING / BOAT MEASURERS

Geoff Cruse

Alasdair Noble

Peter Hackett

Richard Jenkins

5. OFFICER OF THE DAY/RACE OFFICERS/START BOAT CREW

The Officer of the Day (OOD) is nominated for each event via the Sailing Instructions for that event and conformed by radio on the day of the race.

6. PROTEST COMMITTEE

Nominees from the Sailing and Safety Committee and others as required and advised.

7. AUSTRALIAN SAILING, NATIONAL EQUIPMENT AUDITORS

Alasdair Noble and Adrian Relf.

8. COVID-19

All members are required to abide by the State Government requirements.

9. ELIGIBILITY AND ENTRY

The MYCQ races are available to all multihulls over 6m in length that comply with the safety requirements.



10. RACES & FEES

The MYCQ races are scheduled on the website and include, the Bay Series, the Island Series and the Ocean Series as well as events hosted by other clubs such as the Surf to City, Bribie Cup, St Helena Cup and the Moreton Bay Multihull Regatta.

MYCQ nomination fees for casual race entries are \$10.00 per yacht per race entered (except for the Brisbane to Gladstone) to be paid prior to the race. For boats intending to compete in multiple races a simplified entry of \$60 for all of the Bay and Island series or \$80 for all of the races in any of the series can be paid direct to the MYCQ at the start of the year with the boat name as the reference.

To be considered for the MYCQ Championships, nomination fees must be paid for each race to MYCQ before the event, even if nomination fees have been paid to another club for the specific event. Nominations can be made by the link on the MYCQ program on the web site.

Race fees have been set at a modest level, to attract a good fleet of boats while aiming to cover the costs of running the races.

11. COURSES

The courses are defined in the Sailing Instructions for each event.

For races organised and run by other clubs, the courses and Sailing Instructions will be published by those clubs.

For MYCQ races, the start/finish buoys may be pink MYCQ inflatable buoys. In the absence of a start/finish boat an alternative start/finish arrangement shall be nominated on the course diagram or in the special conditions for the race or as an instruction from the Officer of the Day.

All navigation marks must be observed to complete a course.

12. SERIES & RESULTS

The Club Championship comprises the best race results on a performance handicap basis, as determined by the MYCQ. Each of the three Series (Bay, Island and Ocean) have five races. The best four results based on the MYCQ high point score system in each series count for each boat. The point scores for the best two out of the three series are then added together and the ranking of these final scores is used to determine the club champion. All results are based on PHS.

Subject to participation, there will be trophies for the Bay Series, the Fairway Challenge, the Surf to City, the Manly to Mooloolaba Weekend, the Brisbane to Gladstone, the Bribie Cup, the Coolaroo Cup, the Westerley Trophy, the St Helena Cup and the Great Bay Race.



13. NOTICES TO COMPETITORS

Notices to competitors will be posted on the MYCQ website and may be emailed to skippers nominated for the event.

Race competitors shall nominate prior to a race, providing crew names and contact details and pay the nomination fee to the MYCQ.

Any changes to the crew due to last minute emergencies shall be sent via email a minimum of 2 hours prior to the event, to Richard Jenkins at rbjenk@gmail.com, together with the crew weight if competing under the OMR.

14. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the MYCQ website. Changes may also be made to the Sailing Instructions prior to the first warning signal by displaying, when possible, code flag L on the race committee vessel and/or advising of the change by VHF Radio Channel 72.

15. SIGNALS MADE ASHORE

No signals will be made ashore.

16. CALENDAR OF MYCQ HOSTED EVENTS

The calendar of events shall be as per the MYCQ website.




17. DIVISIONS

There will be the following divisions.

Division 1: Racing Division competing on a PCF and an OMR basis, for those yachts with a current OMR.

Division 2: Cruising Division with or without extras such as spinnakers and screechers. We are actively seeking to encourage cruising boats to enter this series of events in a mixed fleet of yachts. Should any particular vessel type or class wish a separate division to be formed, then this may be done as long as there are at least three nominations. There will typically only be one start time for each race regardless of the number of divisions unless the fleet size is expected to be larger than usual.



Division	Scoring	Flag
Division 1 Racing	PCF and/or OMR	Numeral Pennant 1, 
Division 2 Cruising	PCF	Numeral Pennant 2, 
Additional Divisions (if required)	PCF	Numeral Pennant 3, 

18. RACING AREA

The racing areas will be generally east of Green Island, north to and around Mud Island, extend out to Moreton Island and south to and around Peel Island.

19. STARTS

Races with a start boat will be started by using rule 26 with the warning signal made five (5) minutes before the starting signal. The start signal of one division will be the warning signal for the next division. The 'I' flag rule shall apply when there is a start boat on station. When starting between navigation marks without a start boat, the 'I' flag rule (i.e. commonly known as the 'around the ends' rule) **shall not** apply.

Generally, starts will be at 1200 and 0900 hours for the longer special purpose races, unless other times are nominated in the Special Sailing Instructions for the race.

The starting line when there is a starting boat will be between a staff displaying an **orange** flag on the start vessel at the starboard end of the line and a pink MYCQ inflatable buoy at the port end of the line, unless an alternative arrangement is nominated.

When there is not a starting boat, starts will be as nominated in the Sailing Instructions for that race, or advised via the website, email or via VHF 72.

Boats shall keep clear of the starting area during the starting sequence for other divisions and shall not pass through the line unless starting.

A boat starting later than sixty (60) minutes after her starting signal or time will be scored Did Not Start (DNS) without a hearing.



When there is a start boat on station, the 'I' Flag Rule shall apply. Accordingly, no part of a boat's hull, crew or equipment shall be on the course side of the triangle formed by the two ends of the starting line and the first mark, during the one minute before the starting signal. Should a boat infringe this rule, it shall restart by passing around the ends of the start line in accordance with the rule. The race committee may attempt to broadcast a boat's name and number, on VHF channel 72. Failure to make a broadcast, or a late broadcast, will not be grounds for a request for redress.

If there is not a start boat and the start is between navigation marks, the 'I' Flag Rule **shall not** apply. Accordingly, early starters may return to the start line and restart by 'dipping'. Early starters shall ensure they do not interfere with any other boat that is starting and that all parts of their yacht are entirely behind the start line before restarting.

20. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position, or finish the race at a nominated mark and notify competitors via VHF Channel 72.

The event SIs may also have a shortened course included and describe the basis on which it may be adopted.

21. THE FINISH

The finishing line will be between a staff displaying a **blue** flag on the finishing boat at the starboard end of the line and a pink MYCQ inflatable mark at the port end. Boats shall clear the finish line before changing course and shall not pass through the line unless finishing.

When there is no race committee vessel on station, the alternate finish line will be as per the race specific SIs or if not specified, an extension of the eastern most Port and Starboard Lateral Beacons to Manly Boat Harbour channel. Yachts shall pass to the south and within 150m of the port beacon. In this case, skippers are required to take careful note of the finishing time and complete a declaration form and email it to the Handicap/Results/Entrants Officer, Richard Jenkins at rbjenk@gmail.com.

Finish declaration forms shall be lodged within 3 hours following the completion of the race and shall include the name of the yacht and skipper and finishing time. If available, the name of the boats immediately in front & behind the declaring boat shall be listed on the declaration.

The declaration form may be replaced by an email containing the required information. Submission of a declaration form or email shall only be made if a skipper has obeyed all the required rules and completed the required course.



22. TIME LIMITS

The time limit, for racing shall be six hours after the starting signal of the race, unless otherwise specified in the SIs. Boats failing to finish within the time limit, will be scored Did Not Finish (DNF) without a hearing.

Note: this does not apply to the Brisbane to Gladstone, Fairway Challenge, Surf to City, Great Bay Race, Manly to Mooloolaba, or Mooloolaba to Manly events all of which are subject to longer event time frames.

23. PROTESTS AND REQUESTS FOR REDRESS

Protest forms are available in Appendix B. Protests and requests for redress or reopening a hearing shall be emailed to the Handicap/Results/Entrants Officer within the appropriate time limits nominated below.

For each division, the protest time limit is 4 hours after the last boat has finished the last race of the day or the race committee or race officials signal no more racing that day, whichever is later.

Notices of protests by the race committee or protest committee will be emailed to inform skippers. Penalties may be less than disqualification if the protest committee decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

A request for reopening a hearing shall be delivered no later than 24 hours after the requesting party was informed of the decision.

24. SCORING

The High Point Scoring System will apply.

Three (3) races are required to be completed to constitute a series. If only three races are sailed, all results will count towards the series score. When four (4) races have been completed by any competitor, the series results will be based on the best three (3) results for all competitors. When five (5) races have been completed by any competitor, the series results will be based on the best four (4) results for all competitors. When six (6) races or more have been completed by any competitor, the series results will be based on the best five (5) results for all competitors etc.

25. SAFETY REGULATIONS

25.1 Fundamental, Navigation and Reporting Requirements

All persons competing in MYCQ events do so at their own risk and in entering, acknowledge that they indemnify the MYCQ, its office bearers and volunteers against any claim whatsoever. The decision to race, or continue racing, is entirely the responsibility of the skipper and crew.



25. 2 Specific Requirements

All skippers shall SIGN ON with the start boat by radio prior to the first warning signal each day via VHF Channel 72. Skippers shall nominate their boat, sail number and number of crew and crew weight (if racing under OMR). Skippers failing to sign on shall have their boats scored Did Not Start (DNS), without a hearing. This changes RRS 63.1.

A skipper of a multihull yacht that retires from a race, shall notify the Officer of the Day (OOD) as soon as practical.

A multihull yacht will be considered to have Signed Off when they cross the finish line. No declaration is needed, other than required in the case of clause 21 in these Sailing Instructions.

Competitors shall comply with the following policies.

- (a) Remain within the 6-knot speed within and approaching Manly Harbour.**
- (b) Unless in use, boats shall NOT carry anchors protruding beyond the bow whilst racing.**
- (c) Monitor VHF 72 at all times during the race and during the pre-start period.**
- (d) Do not fly any spinnakers or other extras within Manly Harbour.** In addition, we recommend using motors and not flying any sails when entering Manly Harbour.
- (e) All crew shall be a member of Australian Sailing by belonging to an affiliated sailing or yacht club such as the MYCQ.** This membership provides sailors with insurance to and from events and while racing in events, as well as making available the resources of Australian Sailing and the various safety courses they offer.
- (f) Comply with these SIs and any special event SIs.**

Failure to comply with these SIs, will incur a penalty as decided by the race committee or protest committee.

25.3 Sailing Regulations

Competitors shall comply with the current Australian Sailing Special Special Regulations and the Racing Rules of Sailing (2021-2024) including the following **clarifications**.

- Item 3.24 of the Special Regulations defines the requirements for adequate propulsion engines. Owners/skippers may be required to prove they comply with the minimum requirements.

-Item 3.24.5 of the Special Regulations describes the minimum amount of fuel required and apart from specifying the number of litres in (c), requires boats have sufficient fuel to meet the conditions and to motor for 4 hours for Category 5 and for 8 hours for Category 4 and above.

All boats for Category 3 events and above should have reliable instruments with a MOB button that can be activated if such an incident occurs and shall have compliant lifebuoys



readily accessible for deployment from the helm. It is also prudent to ensure that there are multiple devices recording the boat's track. The intent is that in the event of large seas, where the electronics and instruments may stop working due to inundation by a wave, there is a back-up recording of the track. At night, in large seas, having a way of accurately tracking back to a MOB can save a life. In addition, MOB devices, AIS or similar safety equipment is recommended for all off-shore racing.

26. REPLACEMENT OF CREW AND EQUIPMENT

Boats intending to race with a sail number other than that stipulated on their entry shall notify the Safety and Sailing Committee by emailing the Handicap/Results/entrants Officer. Failure to comply will result in the boat being scored DNS/DNC for all races on that day.

Substitution of damaged or lost equipment or changes to yachts will be allowed, provided modifications comply with the safety requirements and racing rules as per these SIs, do not alter the OMR (when racing under that rule) or have the potential to significantly enhance performance. Skippers shall notify the race committee in writing of any changes by contacting the OMR Schedule Coordinator. Requests for substitution shall be made to the race committee at the first reasonable opportunity and no later than 24 hours prior to the event. Changes requiring re-measurement or weighing for OMR shall require skippers to email the Measurement Coordinator, Geoff Cruse at geoffcruse@optusnet.com.au as soon as possible when the changes are complete. Notification of changes involving re-measuring may take more time than is available between races, so early notification is paramount.

Replacement, change or addition of crew will be permitted. Replacement crew shall be nominated, along with their name, contact details, AS Number and weight (if sailing under OMR) for the particular race. Changes of crew shall be emailed to the Handicap/OMR Schedule Coordinator at rbjenk@gmail.com, as soon as possible and no later than 2 hours prior to the event/race.

To have a change to the OMR rating competitors shall notify Richard Jenkins at rbjenk@gmail.com a minimum of seven days prior to a race in which they are intended to take effect.

27. EQUIPMENT AND MEASUREMENT CHECKS

A boat or the equipment may be inspected at any time for compliance with the Sailing Instructions. On the water, a boat can be instructed by a member of the Sailing Committee, by an equipment auditor or rating/measurer and shall proceed immediately to a designated area for inspection.

All boats racing in Category 3 or more stringent races shall have an audit undertaken by an Australian Sailing accredited auditor. To be valid the audit shall be undertaken on or after the 1st July for the financial year in which the race is sailed.



Boats that do not have a current approved weight, shall be made available for weighing on prescribed weighing days when the MYCQ's one-point certified weighing cell will be used. Weighing of boats and inspection of equipment for sign-off of the OMR Inventory, shall be at the cost of the crane hire, divided between the boats being weighed. Note: Yachts that have been weighed by an approved method in accordance with the OMR Preamble and have not been changed in any way since weighing, will not require reweighing for 10 years as per the OMR preamble.

For large boats that require weighing on a three-point system, it would be prudent for the owners to make arrangements to have them weighed during maintenance which requires them to be taken out of the water, even if out of the OMR sequence, as this will save the owner the cost of crane or lift fees.

The clauses in 3.24 above of the Special Regulations provide a performance requirement to ensure that vessels have suitable propulsion systems and skippers may be asked to provide proof (either by demonstration or video evidence) that the boat engines are adequate. Alternatively, as a guide, a deemed to comply solution that will be acceptable for outboard motors only, the HP = boat displacement x 0.005. For example, a boat and crew weighing 1500kg x 0.005 = 7.5HP or an 8HP motor.

Anchors shall comply with 4.05 of the Special Regulations and be assembled for use and secured in place while racing. Skippers should copy and complete the table in 4.05 to indicate how they conform with the regulations. This may be checked by an AS approved equipment auditor. Anchors may be stored below decks, provided they are assembled with chain and rope attached.

28. OFFICIAL BOATS

Official boats will generally fly an MYCQ pennant.

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. Support boats breaking this rule, may incur a penalty for any boat to which they are associated.

29. RADIO COMMUNICATION

Except in an emergency, the crew of a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. Failure to comply with this may result in disqualification (DSQ) of the boat concerned at the discretion of the race committee or protest committee.

The race officials shall communicate with boats on VHF Channel 72.



30. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS Fundamental Rule 3, Decision to Race.

The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after races.

31. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10,000,000 AUD per incident or the equivalent.

Each competitor may be required to produce a copy of their valid insurance certificate upon nominating for the event by emailing the Handicap/Results/Entrants Officer.

All skippers of any vessel participating in a race, must maintain on board and produce upon demand by the Race Committee, a copy of a current valid Certificate of Currency with respect to the third-party property and third- party personal injury insurance for the vessel.

32. ACKNOWLEDGEMENT OF SAFETY REQUIREMENTS AND INSURANCES

A decision to nominate and race by an owner/skipper is acknowledgement that all the safety rules, including insurances are in place for the yacht entered in the event.

33. RESULTS

Results will be posted on the MYCQ website within 72 hours of each race or group of races www.mycq.org.au.

34. RULES

All MYCQ races will be governed by the following.

- The Racing Rules of Sailing (2021-2024) (RRS).
- The Australian Sailing e-Book Special Regulations, Part 1, as updated electronically on the Australian Sailing Resources Page. Several events, including the Brisbane to Gladstone Multihull Yacht Race, have separate Sailing Instructions with additional safety requirements to Category 3.
- These General Sailing Instructions (SIs) and special SIs for particular events.
- The Queensland Government, Transport Operations (Marine Safety) Regulations 2016 and associated regulations and updates.



-The Australian Maritime Safety Authority, Uniform Shipping Laws Code 2008, Collision Regulations.

-The MYCQ Offshore Multihull Rule (OMR) as applicable to boats with a current rating.

-A performance handicap (PCF) applied to all boats nominated strictly at the discretion of the Race Committee but based on previous results and/or results of similar boats. Boats which have not raced before with the MYCQ will have a performance rating applied which could be significantly changed after the first race they have entered. Boats entering their first race may have an adjustment made to the handicap prior to posting of the results, solely at the discretion of the race committee.

- RRS 41(c) is amended a boat may obtain assistance during the race in the form of any readily available commercial meteorological or hydrographical information regardless of cost.
- Rule 44.1 of the RRS is changed to replace the two-turns penalty by a one-turn penalty.
- RRS 52 is amended to permit the use of electric or hydraulic winches.
- RRS 55.2 shall be amended to allow fixed and retractable spinnaker poles mounted on the bow(s) or front beam(s) for fixing the tack of an asymmetrical spinnaker, screecher, code zero and similar extras.

35. CLEARANCE TO NAVIGATION MARKS

Vessels must observe a 20 metre exclusion zone around each of the following Aids to Navigation: Jeay's Reef Buoy, Hope Banks Beacon, Norman J Wright Beacon, Crawford James Pattison Beacon, Red Beacon NE Green Island and South Cardinal Beacon off St Helena Island.

36. REPORTING OF MARINE INCIDENTS

All marine incidents must be reported to the Race Committee in addition to regulatory requirements to report marine incidents to Maritime Safety Queensland.

37. NOMINATING FOR EVENTS

All skippers shall supply the Handicap/Results/Entrants Officer, via email, a valid current Australian Sailing Equipment Audit Form, Category 5 form or higher, as required by each race (higher category forms will be accepted i.e. Category 1, 2, 3 and 4 are acceptable for Category 5).

Note: these forms apply to financial years and must be updated each year after 30 June and before the next race.



Appendix A: Declaration

1. Date:
2. Race/event:
3. Multihull yacht:
4. Sail Number:
5. Finish Time (AEST):
6. Multihull yacht immediately in front (if any):
7. Multihull Yacht immediately behind (if any):
8. Declaration: In submitting these details I confirm that I completed the required course in the above yacht, in accordance with the current Racing Rules of Sailing, the MYCQ COVID-19 Safety Plan and that my yacht conformed with the current Special Regulations.
9. Skipper: (print name and sign):
10. Skipper phone number:
11. Skipper email:



Appendix B: Protest Information Required

1. Protest/ Request for Redress (strike out the one not applicable)
2. Date:
3. Race/event:
4. Multihull yacht (the protestor):
5. Sail Number:
6. Name of boat protested (the protestee):
7. Breach of rule alleged:
8. Has the protestee been notified:
9. Was a red protest flag flown, when and for how long:
10. Describe the incident (including a diagram if relevant):
11. Where and when the incident occurred:
12. The name of the protestor's representative, phone number and email (please print name and details in full).

Name:

Phone number:

Email:

If redress is requested submit the above details 1, 2, 3, 4, 9, 10 and 11.

Signed _____

Print Name: _____